

2008 First Aid Training Requirement for Philmont Crews

First Aid training is important for the safety of the crew while participating in Philmont's backcountry or at the Double H High Adventure Base. For several years crews were encouraged to obtain a higher level of training than the American Red Cross Standard First Aid or equivalent. The recommended course was the 16-hour American Red Cross Wilderness First Aid Basic.

Beginning with the 2008 hiking season the requirement for participation is that each crew must have someone certified in a 16 hour wilderness first aid course from a nationally-recognized provider.

As stated in the "Council and Unit Planning Guide" the 2008 First Aid and CPR Certification Requirement reads as follows:

"Philmont requires that a least **one person**, preferably two, (either an advisor or a youth participant) **in each crew be currently certified in American Red Cross Wilderness First Aid or the equivalent* and CPR from the American Heart Association, the American Red Cross or the equivalent.** The American Red Cross Wilderness First Aid is a sixteen-hour course designed to help in situations when help is not readily available. Several hours may be required for Philmont staff to reach a remote backcountry location after a message is delivered to the nearest staffed camp. First aid and CPR training will result in proper and prompt attention being given to injuries and/or illnesses. **You must present current certification cards upon check in to verify this requirement.**"

Equivalent training can be obtained from the following nationally-recognized organizations:

American Red Cross www.redcross.org

American Safety and Health Institute www.ashinstitute.org

Emergency Care and Safety Institute www.ECSInstitute.org

National Outdoor Leadership School (WMI) www.nols.edu/wmi/

National Safety Council (NSC) www.nsc.org

Safety 101 www.Safety101.org (Serving the Greater Los Angeles Area)

Stonehealth Open Learning Opportunities (SOLO) www.soloschools.com/wfa.html

Wilderness Medical Associates (WMA) www.wildmed.com

Wilderness Medical Society (WMS) www.wms.org

Wilderness Medicine Training Center www.wmtc.org